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Welcome to Thrive, where we focus on more than just providing the perfect space for everyone to learn, experience & introduce a more natural way of living into their own lives. Here we aim to support those gifted with abilities & passion to help others, as qualified natural wellness practitioners, to serve, grow & thrive.

We understand the logistics of trying to run a successful practice when there are crippling monthly rentals, utility bills, staff and other hidden costs draining the business financially. We also understand the challenges of creating enough awareness to support business growth. This is why we thought of you when we created our Wellness Hub.

With us, you can work from a fully functional & professional space without the financial stress of hidden costs and unrealistic commitments. With our affordable and flexible rental options, you are able to start at a level and pace that you are comfortable with and work your way forward as your business grows & evolves.

We are also incredibly focussed on brand identity, visibility & marketing strategy, which is why we have a team continuously working on all these platforms, ensuring that our Wellness Hub is visible and accessible to potential clients and end users. We do not take any commissions from our tenants. Our fee is purely for the time & space used. Although only 6–12 month packages allow for website listings, all our tenants are equally showcased across all the social media platforms used to market our Wellness Hub.

Tenants can also benefit from special marketing rates, brand support, Wellness days and Corporate Wellness events. It's all about synergy, working together and supporting each and every business to grow & thrive.

| Rental Options | 3mnth lease | 6mnth lease | 12mntn lease |
|----------------------------|-------------|-------------|--------------|
| ROOMS | | | |
| 5 Sessions per month | R700/m | R650/m | R500/m |
| 10 Sessions per month | R1300/m | R1200/m | R1 100/m |
| 20 Sessions per month | R2400/m | R2200/m | R2000/m |
| STUDIO | | | |
| Once a week (4p/m) | R1 200/m | R1 100/m | R1 000/m |
| Twice a week (8p/m) | R2 300/m | R2 150/m | R2 000/m |
| Three times a week (12p/m) | R3 250/m | R3 100/m | R3 000/m |

Rental options include;

- Reception services
- Utilities
- Airconditioned Studio and Welcoming area
- Kitchen facilities: fridge & microwave
- Toilet facilities
- Secure parking with 24 hr security
- Cleaning services
- Wi-Fi
- All divisions have sound proofing and ceiling tiles are acoustic to limit noise
- Patio equipped with tables and chairs for lunch and tea breaks
- Listing on the Thrive Website (exclusive to 6-12 month Packages)
- Monthly specials showcased in the Thrive Social Media Platforms

Additional facilities not included but offered at special rates to tenants;

- Studio is available at discounted rates to tenants on weekends to use for workshops, courses, talks & wellness days.
 - Studio is equipped with projector & speakers
 - Full use of Kitchen including gas stove & dishwasher
 - Basement parking available on request for weekend events
- Open Days will be available to showcase services and modalities
- Special rates offered to tenants for branding and marketing workshops
- Special rates offered to tenants wanting additional social media support & promotions

Sessions referred to in our rental options are 60 minutes each. 30min or 45min sessions will still be charged as 60min. We have also allowed for a 15-minute time frame before each session to ensure that the room/studio is ready to welcome the next client/s.

PAY AS YOU GO Option

To assist new tenant to build a clientele base before committing to a specific package, we have created a PAY AS YOU GO option which is limited to 60 days and allows the tenant to make use of the facility and be showcased on our social media platforms and to our walk-in clients. Thereafter, should the tenants wish to continue using our facilities they will need to decide on a package that best suits them.

- Studio PAY AS YOU GO option requires a R1500 commitment deposit (R750 is refundable after 60 days) and R300/hr rate is applicable and payable prior to every session
- Room PAY AS YOU GO option requires a R1500 commitment deposit (R750 is refundable after 60 days) and R150/hour rate is applicable and payable prior to every session

Wellness Hub Décor, finishes & functionality

- The entire hub is decorated with delicate pastel colours & modern furniture with careful consideration for space and practical functionality
- Each room is mindfully designed and beautifully furnished lending itself to a variety of services with mobile beds that can be easily removed if necessary
 - Our rooms can be used by a variety of professionals from Life Coaches, Nutritionists, Psychologists to Sport Massage Therapists
 - As a natural Wellness Hub, our rooms have also been designed to accommodate various natural healing modalities such as BodyTalk, Reiki, Aromatherapy and Applied Kinesiology
- Our studio has been fitted with a full-size image of a beautiful forest, giving you a sensation that the already large 100sqm space extends into a stunning and majestic forest, offering a sense of abundance in both space & tranquillity
 - Our studio has been designed to accommodate the Yoga, Pilates & Fitness classes expected to be found in a Wellness Hub. It is a double volume space and can therefore also accommodate aerial activities such as aerial yoga.
 - Our studio is also fitted with a projector and can be used for workshops, classes, talks, courses and wellness days
- Our Social / Waiting area is peaceful & elegant, reminding us to take the time to sit back and enjoy the simple pleasures life has to offer
- Our reception area is brand focused and truly brings everything together as it showcases products, services and modalities offered at the hub

Min of R1500 deposit (for packages less than R1500/m) or One-month deposit is required along with the 1st month rental before access is provided.

We also ensure that all tenants are interviewed and credentials verified prior to offering lease agreements to uphold high standards of services offered at the centre. It is also important that all modalities respect the basic integrity of the Wellness Hub which is to only offer natural modalities, services and products that will benefit clients & help them to live a more natural and holistic lifestyle.

We want all our tenants to feel confident that they are not only joining a supportive family & nurturing environment, but that they are also joining a professional platform.

Should you require more information or should you wish to set up a meeting to discuss your future with us, kindly contact us on +27 74 856 4395 to make an appointment.

We look forward to hearing from you.